

# THE CENTER FOR PSYCHOTHERAPY, INC.

At • Essex • Guilford • Old Lyme

---

*Serving the mental health needs of the Shoreline communities*  
Central Office: 28 Main Street, Essex, CT 06426 • Ph (860) 767-1517 • Fax (860) 767-7703

## AUTHORIZATION TO RELEASE PATIENT INFORMATION

I, \_\_\_\_\_ authorize

\_\_\_\_\_ to release the following  
written or verbal information:

\_\_\_\_\_ Psychological Evaluation

\_\_\_\_\_ Discharge or Transfer Summary

\_\_\_\_\_ Medication History

\_\_\_\_\_ Treatment Summary

\_\_\_\_\_ Letter, Specify: \_\_\_\_\_

\_\_\_\_\_ Other, e.g. Dates of Treatment

To: \_\_\_\_\_ *(Name, Address, & Phone Number*  
\_\_\_\_\_ *of Person or Agency to Receive*  
\_\_\_\_\_ *Information)*

This information will be released for the following purpose (any other use is prohibited):

\_\_\_\_\_

The dates of treatment covered by this release are as follows: \_\_\_\_\_

I understand that the medical record to be released may contain information pertaining to psychiatric and/or substance abuse, diagnosis, and treatment. I understand that I may withdraw this consent at any time prior to the release of the above information. This consent, if not withdrawn, will expire on \_\_\_\_\_ or 180 days from the date below.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Patient's Date of Birth:

\_\_\_\_\_  
Guardian's Signature (patient is legal minor)

\_\_\_\_\_  
Witness

**Copyright © 2005, The Center for Psychotherapy, Inc. All rights reserved.**